

2025 Mill Creek Canyon Aid Station Relocation

Lambs Canyon Aid Station	47.5
Lambs Trail junction	49.2
Bear (Bare) Bottom Pass	51.2
Mount Aire Trail	52.7
Elbow Fork Aid Station	52.9
Alexander Basin Trail Junction	54.7
Upper Big Water	56.4
Dog Lake Jct Sign	59.0
Footbridge	60.2
Desolation Lake Aid Station	61.3
Red Lovers Ridge	62.0
Scotts Aid Station	65.3

PREVIOUS COURSE

Lambs to Upper Big Water	8.9
Upper Big Water to Desolation Lake	4.9

2025/2026 COURSE

Lambs to Elbow	5.4
Elbow to Desolation Lake	8.4